UPPER ROOM

The Word

NOTES	WEEK 1

WARM-UP

- Do you like reading? Why or why not?
- Have you ever been disobedient to an authority figure? Share about what happened.
- Recall a challenging time you went through, and how a friend or relative's encouragement helped you.



¹Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ²but his delight is in the law of the Lord, and on his law he meditates day and night. ³He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. **PSALM 1:1-3**

We can know God more by meditating on and studying His Word. When we read our Bible, we seek communion or fellowship with God—He gives us His Word and we respond to it. This is why we need to pause and reflect on what the Holy Spirit wants us to understand, so we can respond appropriately. In this lesson, we will look at what we will be like, if we delight in and develop the discipline of daily reading and obeying God's Word.

1 We will be well-nourished.

He is like a tree planted by streams of water . . . PSALM 1:3

A tree planted by streams of water is healthy. Its leaves

don't wither, and it doesn't worry even in a year of drought
(Jeremiah 17:8). When we keep God's Word in our hearts,
we will be like this healthy tree; the living waters of the
Holy Spirit will work in our lives even during difficult times.
What does it mean to be like a tree planted by streams of water?

APPLICATION

- The Bible is the foundation of spiritual truth. We understand and develop our understanding of these spiritual truths by knowing Jesus Christ who is the wisdom of God (1Corinthians 1:24). Has someone shared Jesus Christ to you? If not, ask someone in your Victory group to tell you the good news of what Jesus did for you.
- How can you appreciate God's Word more, as each day passes? How can you go deeper in your understanding of God's Word this week? (e.g. writing what you learned from a passage, memorizing Scripture, taking time to study a book in the Bible)
- Who can you encourage with God's Word this week?
 Pray about what God would want you to share to him/her and trust that God's Word will accomplish its purpose.

PRAYER

- Thank God for His Word, which is living and active (Hebrews 4:12). Commit to develop a greater discipline of reading, studying, and obeying God's Word.
- Pray that you would be like the tree in Psalm 1—and as you delight in God's Word, you will be well-nourished, fruitful, and prosperous.
- Pray that you would boldly and confidently declare God's Word over your life, family, and circumstances. Ask God to use you to tell others about Him every day.



© 2015 by EVERY NATION® All rights reserved.

Scripture quotations are from The Holy Bible, English Standard Version* (ESV*), Copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

2 We will be fruitful

	that yields its fruit in its season PSALM 1:3
	A tree that is well-nourished will bear fruit in time. Fruitfulness is a result of applying God's Word in our lives. Some signs of fruitfulness are exhibiting the fruit of the Holy Spirit (Galatians 5:22) and leading others to Jesus Christ. How has the discipline of reading and obeying the Word resulted in fruitfulness in your life? Give an example.
3	We will prosper.
	In all that he does, he prospers. PSALM 1:3
	As we obey and live out the truth in God's Word, the Bible promises us prosperity and good success (Joshua 1:8). God's promise of nourishment, fruitfulness, and prosperity comes as we delight in His Word and obey what it says. How have you learned to develop the habit of reading God's Word daily, and what results have you seen in your life?