The Calming of the Storm



Week 2

NOTES

WARM-UP

- Do you like going to the beach? Why or why not?
- What did you fear the most when you were a child?
- What's the most frightening thing that has ever happened to you?



"35 On that day, when evening had come, he said to them, "Let us go across to the other side." 36 And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him. 37 And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. 38 But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?" 39 And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. 40 He said to them, "Why are you so afraid? Have you still no faith?" 41 And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

Mark 4:35-41

The book of Mark tells a story about how terrified the disciples were when they faced a great storm. Surprisingly, even while Jesus was with them. This was not an ordinary day for Jesus, previous chapters will tell us how tiring that day was for Him after all the miracles and preaching sermons He had. The disciples were witnessed of all these events.

Storms can be compared to the crisis we encounter in life. Like the disciples our initial reaction is to be terrified when there are storms. Let's look at some truths that this scripture encourages us.

Miracles happen when Jesus is present.

³⁶ And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him. MARK 4:36

Jesus was with the disciples because it was His instruction for them to cross to the other side of the lake (read Luke 8:22). However, in His peaceful rest disciples taught that Jesus doesn't care about them anymore. "But he was in the stern, asleep on the cushion.

And they woke him and said to him, "Teacher, do you not care that we are perishing?" After all that Jesus had shown them, the fear of the disciples for their lives made them forget the miracles God did.

Were there times in your life when you question God's presence in your life because of the storm you faced or are facing? Recall the time in the past when God moved in your midst.

2 Miracles of Jesus brings peace.

³⁹ And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. MARK 4:39

Storms don't worry Jesus. He's right there with us during them, but he's perfectly calm about it. In the sight of fear, the disciples called on His name and the miracle happened in just a snap. Is it our usual reaction to call on the name of Jesus whenever we encounter storms? Do we approach Him first or do we try do something with our own hands?

3 Miracles deepen our faith.

⁴⁰ He said to them, "Why are you so afraid? Have you still no faith?" ⁴¹ And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him? MARK 4:40-41

Nothing is impossible with the Lord. It's one thing to know this truth, it's another thing to believe it. (read Matthew17:20) When we encounter Jesus miracle in our lives, it changes us within. It deepens our faith when we witness a tangible experience in the hope we profess. While miracles come even in little things, we can be assured that God can do greater when we put our trust in Him.

APPLICATION

- Do you believe that Jesus sees us and wants to rescue us? From what do you think you need Jesus to rescue you today?
- How do you normally respond to life's storms? How can you trust God more and not fear when facing them?
- How can you encourage others not to be afraid, and put their trust in the Lord? Choose one person to whom you can share what you have learned from this lesson this week.

PRAYER

- Thank God for His sovereignty over all of us. Praise God that in Him all things hold together (Colossians 1:17).
- Praise God that He sees us and wants to rescue us. Ask
 God to give you the grace to trust Him more, even
 through difficult times. Pray that you will always respond
 in faith, not fear.
- Declare God's deliverance and protection over your family and friends.



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