

### WARM-UP

- What is the biggest challenge you have faced recently?
- What comes to your mind when you hear the word “careful”? Why?
- Tell us about a sport or art form you like. What is the importance of coordination or choreography in it?

**WORD** *“The whole commandment that I command you today you shall be careful to do, that you may live and multiply, and go in and possess the land that the LORD swore to give to your fathers.”* **DEUTERONOMY 8:1**

In his last message to the Israelite nation in Deuteronomy 8, Moses addressed them before they entered the Promised Land. He reminded them that they had a covenant relationship with the Lord their God. This covenant or agreement, which God Himself initiated out of His lovingkindness, encompassed all areas of their lives. One important aspect of that covenant is highlighted in this passage—God’s promise to provide for His people. God had given this promise to Abraham long before He admonished the Israelites to carefully obey His commands. Moses charged them to keep their end of the covenant, knowing that God would be faithful to keep His. Today, we will look at what God promised and the Israelites’ part in receiving this promise.

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## God has promised fruitfulness and provision for His people.

*“The whole commandment that I command you today you shall be careful to do, that you may live and multiply, and go in and possess the land that the LORD swore to give to your fathers.”*

### **DEUTERONOMY 8:1**

God wanted the Israelites to understand that before any of them were born, His heart was already set on blessing them. He wanted them to *live and multiply*—be fruitful not just in numbers, but in the quality of life. It was God’s will for His people to thrive and He was bringing them to a place where that could happen. Today, God still promises fruitfulness and provision to anyone who trusts Him. How has God made you fruitful and provided for you and your family?

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## Our obedience places us in a position to receive God's blessing.

*"The whole commandment that I command you today you shall be careful to do, that you may live and multiply, and go in and possess the land that the LORD swore to give to your fathers."*

### **DEUTERONOMY 8:1**

God's blessing is not something we deserve or can earn. When we obey Him, we are fulfilling our end of the covenant. This obedience is an act of faith that places us in a position to receive all He has for us. When we obey, we are declaring that we trust God and rest on His covenant promises. According to Isaiah 1:19, what will happen if we are willing to listen to God and obey Him?

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## APPLICATION

- What are some promises and instructions God has given believers through His word? Spend time meditating on Deuteronomy 8 this week. Ask God for insights into His word.
- How has God been faithful to you and provided for your needs? What did you learn today and how does this apply to your situation?
- Think of a family member or friend who could use your encouragement this week. How can you pray for and encourage him or her that God is faithful to fulfill His promises and that our obedience in faith places us in a position to receive His blessing?

## PRAYER

- Thank God for His covenant faithfulness to His people. Pray that you would have a growing understanding of this every day.
- Ask God for the grace to obey Him, and trust that this obedience is an act of faith that places you in a position to receive His blessing. Lift up your needs and concerns to Him, and trust Him for miraculous provision.
- Pray that you would be a channel of God's blessing to others and an example of faith and obedience.